



Community Action Project

Learning Disabilities support volunteer

Community Action Partner

Kith & Kids

Aim: Kith and Kids is a charity based in North London that supports people with learning disabilities and their families. Their overall aim is to empower families who have children with learning disabilities to overcome their social isolation and access the services they need. As winner of the Queen's Golden Jubilee Award for voluntary service by groups in the community, Kith and Kids is recognised as an organisation that provides innovative, high quality products and services the support of more than 300 volunteers a year!

Role: Kith & Kids helps promote social inclusion for people with learning disabilities. The role as a volunteer with them is to provide 2 to 1 support (two volunteers to one of our members) for one of their members to participate in activities, which without that support would not be possible for them partake in. Activities include things such as Arts & Crafts, Yoga, Dance, Sport & Video. As well as a day out decided between our Members and their supporting volunteers.

The project runs for a week (Monday – Friday) and ideally the Volunteers would be there for all 5 Days, and therefore be linked to one member for the whole week. This allows time to get to know each other, and work out the best way to provide support.

If you can't do all five days however, there are still plenty of ways to help them out, so don't let that stop you getting in contact.

Training: The training days consist of 3 days. Throughout these 3 days the topics covered are communication, physical needs, epilepsy, breaking down skills, sex and emotions, safety and protection, contact reflection, creativity and participation, autism and also project structures. Support continues to be provided throughout. 3 training sessions will need to be completed either

COURSE A

Tues 4th February 7pm-10pm or Tues 11th February 7pm-10pm

Sat 1st March 10am-4.30pm

Sun 23rd March 11am-5.30pm

Or

COURSE B

Sat 15th February 10am-4.30pm

Sat 1st March 10am-4.30pm

Sun 23rd March 11am-5.30pm

Location: North London.

Times: Start date 07/04/14 End: 11/04/14 Times: 10.00-17.30 preferably all 5 days of that week

DBS: A DBS disclosure will be required via the Community Partner.

Other: Travel, and a hot meal provided each day.

Application: All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>



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