

Community  
Action



## **Community Action Project** Sing-Along Egham Project

### **Community Action Partner** Royal Holloway University

**Aim:** Elderly Sing-Along Surrey is a volunteering project which encourages students from RHUL to interact with the elderly generation of the greater Surrey area. Weekly sing-alongs will help build a rapport with the students and the elderly; it also aims to help both groups to gain a better understanding and appreciation of each other's generation. This project aims to interact with students in both the Music Department as well as the Psychology Department. Musically it gives students a chance to practice their performance skills to an unintimidating audience. Psychology students are welcome to study the benefits of regular musical interaction on the memory and on the patient's mental well-being.

**Roles:** Any singers or instrumentalists looking for a volunteering project this coming year should get involved with the Elderly Sing-Along Surrey project. The project engages students of RHUL with the elderly in local care homes through weekly sing-alongs. Volunteers are needed to sing or play instruments to make each session different. Volunteers who may not sing or play an instrument are also needed simply to encourage the elderly to sing-along and reminisce on times gone by.

**Training:** There is no need for training. All the words will be provided.

**Location:** Egham

**Times:** Weekly

**DBS:** A DBS is not required.

**Other:** Music and transport will be provided. This is a great opportunity for volunteers who may want experience in impromptu performance and music therapy.



**All project volunteers must be registered as Community Action Volunteers.**