



Community Action Project

WRVS – Care Bank

Community Action Partner

WRVS

Aim: Positive about age practical about life WRVS is an age positive charity. Their volunteers deliver personal and practical support to help older people and raise awareness of the issues older people face through campaigns and research. Their objective is to make Britain a great place to grow old. More than 40,000 volunteers enable WRVS to run local services to support older people in communities all across Great Britain. Their services give thousands of older people the opportunity and choice to live the life they want to every day and help them stay independent at home and active in their local community.

Role: Care Bank is a great opportunity to help out in your local community and gain positive benefits from giving your time. WRVS have teamed up with the Royal Borough of Windsor and Maidenhead and have launching a new initiative called Care Bank. This is an exciting and innovative project which will reward those people who use their time to lend a hand to others by awarding them with time credits. However to make sure that older people in the local community get the important support they need, we need to recruit volunteers to help to make the scheme a success and achieve its objective of helping to make older people's lives better. We know that volunteering with WRVS can make a real difference to both their lives and the people that they help. It is flexible, rewarding and great fun and can provide significant benefits towards future career and employment aspirations.

Volunteers can choose to help others by cutting a lawn, taking someone to the shops, or helping around their house, they can choose how to exchange their rewards and then choose how they would like to help older people in their community. What's in it for you? Well when young people sign up to be a volunteer they can benefit in a variety of ways; including gaining time credits for each hour that they give, which they can exchange for rewards, such as free access to a local leisure service or half price CDs or DVDs. The great thing about volunteering is that it's so flexible that you can fit it in around all of the other things that you have to do.

Training: Full induction and training is provided to enable volunteers to carry out all of their duties.

Location: Various locations within the surrounding area.

Times: Whether you can spare a few hours once a week, fortnight or each month we would really like to hear from you and will have an opportunity for you which will enable you to make an important contribution to the work that we carry out. Opportunities are available seven days per week mainly during the daytime.

CRB: A CRB is needed for this role.

Application: All volunteers must be [registered](#) as Community Action volunteers.

