



Community Action Project

Residents Befriending Scheme

Community Action Partner

Birchland's Residential Care Home

Aim: Birchland's is a dementia specialist care home. Their aim is to improve the quality of life for older people in their care and the community, whilst maintaining links within the community, as most residents are from the surrounding area.

Role: The role mainly consists of engaging with residents through providing entertainment or an activity, as all residents enjoy drama, plays, musicals and poetry. Help is needed with both group sessions such as cooking, singing, artwork, gardening, themed discussions, trips out and about and games and one-to-one work. Often, volunteers are simply required to keep residents company by coming in for a chat or playing a game with them.

Training: Birchland's can offer opportunities in both the care and activities sides of the job, with an in-house certified training course being available to volunteers,

Location: Englefield Green.

Times: Monday to Sunday: 10:30 am - 4:00pm.

CRB: A CRB disclosure will be required via the Community Partner.

Other: This project has accessibility and the Community Partner will reimburse expenses.

Application: All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>



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