



## Community Action Project

Sailing Assistant

## Community Action Partner

Littleton Phabsail

**Aim:** Assisting disabled and special needs people to go sailing in dinghies that don't capsize. The club also assists in raising funds which help pay for the running of the club.

**Role:** A volunteer may help unload the container, taking out the sailing equipment and helping to rig the boats. Moreover, they may talk to the sailors and help to get them ready for sailing, i.e. put on life jackets. Also, they will be required to help in the rescue boat, have a sail, or even take a sailor for a sail themselves, when deemed experienced enough.

**Training:** A new volunteer is supervised at all times and will work alongside an experienced volunteer.

**Location:** Littleton Sailing Club, Shepperton, (near Staines).

**Times:** Runs from May to Sept 1-5pm (although fundraising is required all year)

**CRB:** A CRB check is required.

**Application:** All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>



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