



Community Action Project

BHF Fundraising

Community Action Partner

British Heart Foundation

Aim: The aim of the British Heart Foundation is to play a leading role in the fight against disease of the heart and circulation so that it is no longer a major cause of disability and premature death. Their vision is of a world in which people do not die prematurely of heart disease. They will achieve this through pioneering research, vital prevention activity and ensuring quality care and support for everyone living with heart disease.

Role: There are various roles for volunteers to undertake. These range from event helpers, local fundraising groups and Help a Heart Campaign. Volunteers can also engage in activities such as researching and compiling databases, distributing leaflets and posters locally and organising small events with support and guidance from a professional fundraiser.

Training: Practical training is provided as and when required to suit the individual and the role. There is contact and support from other local volunteers, regular updates and two-way telephone and e-mail contact with a Fundraising and Volunteer Manager. Furthermore, one-to-one meetings if and when required, regular volunteer newsletters, local meetings with other volunteers and an Annual Regional seminar every March where volunteers share their volunteering experiences. ELS training is also organised via the Heartstart initiative.

Location: Various Locations within the Surrey and London Area.

Times: These vary, dependent upon the role which is undertaken.

CRB: A CRB check is not usually required.

Other: The British Heart Foundation would be very happy to facilitate an event at Royal Holloway College. Students and staff could learn CPR and other life support techniques, which could be rolled out to every new annual intake of students.

Application: All volunteers must be registered as Community Action volunteers. To do so, visit <http://www.rhul.ac.uk/services/volunteering/register.html>

Royal Holloway
University of London

