Aim: The FutureYou programme is an innovative adaption of the award-winning CyberMentors programme, providing online mentoring for 14-25 year olds to get them back into Jobs, Education and Training. FutureYou uses a safe social networking model to support excluded and vulnerable young people with trained mentors, counsellors and advisors, who guide and support disengaged young people and signpost them to specialist help and services where needed.

Role: FutureYou Life Mentors, aged 26+, are trained adults from across the UK who will play a key role in the support provided on FutureYou. Life Mentors will perform a senior mentoring role on FutureYou, providing online support not only to the users but also to FutureYou Mentors and Senior Mentors when appropriate. FutureYou Life Mentors have the opportunity to make a real difference, which has a significant and positive effect on the well-being, confidence, soft skills, life chances and aspirations of the mentors themselves and those being mentored. Life Mentors will be supported by FutureYou staff in the Volunteering Team, as well as the online counsellors and advisors.

Training: All volunteers will complete a one-off training session which covers all aspects of mentoring, including Child Protection and Safeguarding, as well as site orientation and registration. Following training supervision will be done online.

Location: This is an online mentoring opportunity which can be performed from anywhere with internet access.

Times: Each volunteer is asked to commit to one hour per week, which can be split into smaller chunks, between the hours of 10am-11pm, 7 days a week.

DBS: A DBS check will be required via the Community Partner.

Other: No specific skills are required but ideally volunteers will be patient, good listeners who want to help support young people. Regular internet access is required.

Application: All volunteers must be registered as Community Action volunteers. To do so, visit [http://www.rhul.ac.uk/services/volunteering/register.html](http://www.rhul.ac.uk/services/volunteering/register.html)