Rules & Regulations

The following are for Football, Netball and Tennis Leagues

Eligibility

You must be a current student at Royal Holloway.
You must have a valid Active / Sport membership **before** signing up to the social leagues. The **leagues are then free to all members**. Not a member yet? Either pay us a visit at the Sports Centre reception or purchase online.

If on the day of the fixture, a full team cannot attend, they may fill the team with individual players, as long as each individual has signed up online prior to the fixture starting.

Maximum of two 1st Team BUdS players per team.

In the event of a team fielding an ineligible player, the offending team will receive zero points and the game will be scored as a walkover for the non-offending team.

Problems or complaints concerning eligibility should be taken, in the first instance, to the Recreational Sports Officer (RSO) **active@rhul.ac.uk**

Entries

Teams must sign up before the deadline.
Term 1 deadline: 04/10/17
Term 2 deadline: TBC

Teams that have played throughout Term 1 and wish to continue are required to re-enter for Term 2.

If you have any further questions regarding entries, please contact the sport specific Coordinator.
Football: **murtaza.fazlehussein@rhul.ac.uk**
Netball: **charlotte.straw@rhul.ac.uk**
Tennis: **Harvey.moyne@rhul.ac.uk**

Points for the Leagues

Win: 3 points
Draw: 1 point
Loss: 0 points
Start Times

After 10 minutes of delays, a match or event must be started irrespective of the number of competitors or team members present.

If no member of a team is present (after specified time) then an uninformed walk-over can be claimed.

If a game is played after a walk-over has been claimed due to failure to arrive on time, the walk-over must be confirmed by the captains of both teams.

Games starting late must have the playing time suitably adjusted in order that the next game can start on time. It is emphasised that every effort must be made to start on time, and that these times are only laid down to avoid teams waiting around unduly before claiming the match.

Delays, Rearrangements and Cancellations

All programmed matches must be played at the time and on the day shown, unless the facility is not available or the weather precludes it.

In the event of a snowfall, activities on the any outdoor area will cease until the snow has been cleared. Re-scheduled matches will be emailed to captains as soon as possible.

Teams failing to turn up to matches

Teams not turning up for a match will lose 5 points unless the opposing team has been informed that they cannot field a team. This to be done by emailing the sport specific Coordinator at least 3 hours prior to the start of the match. Failure to do so will result in the offending team being giving an uninformed walkover.

Safety

The following points should be considered when taking part in the Recreational Sports programme:

- Players should at all times be suitably dressed and warmed up.
- If any form of contact might be expected, remove jewellery, watches etc.
- Wear appropriate footwear that ensures the desirable grip.
- No one must take part in any event following the consumption of alcohol.
- Ensure that you have knowledge of the skills and tactics of any game and gain an understanding to facilitate safe play.
- Wear personal protective clothing for all games as required by the event rules and as recommended by the national governing body of the individual sport.
- Never wear glass-lensed spectacles for sport. Do not assume that your everyday spectacles are safe – get them checked. Sporting injuries can be blinding.
- All players must note that it is an offence against the legal safety requirements as well as common sense to take any action that may put themselves or others at risk of injury.

Accident Reports
Any accidents requiring formal first aid, medical centre or hospital treatment as a result of participation in the Social Leagues must be reported and an Accident Report Form completed as soon as possible after the occurrence.

The report can be made at the Sports Reception where a Duty Officer will take the details and complete the form. The report can be made by the injured person or, if this is not possible due to treatment, a third party. However, full details of the event, the injury, details of the injured person and names of any witnesses will be required, so please have these available. Please do not try to obtain a form to complete in your own time as this is not permissible. The action is required to simply record the details as a cover in case anything unforeseen should develop from the injury.

Unacceptable behaviour

A player sent off during a match for unacceptable behavior is banned from playing in that sport for the next three games – this ban to extend into the next term if necessary. Referees are required to report this, in writing, to the RSO as soon as possible. A points deduction of 5 points per person sent off for unacceptable behaviour will also occur, if more than one individual is sent off then multiple points deductions will occur.

If the RSO receives intelligence after a match of an incident taking place that wasn’t seen by an official or was not acted upon then appropriate action will take place, this could result in a points deduction equal to that which is previously outlined.

Certain offences or incidents may warrant witness statements from players and spectators, in this instance, the appropriate Coordinator will be contacted to discuss this during a disciplinary hearing.