**Research Student Training Log**

(insert rows as needed)

**Options for the Type column:** Departmental training session / GRADnet / College Research Development Programme (RDP) session / inSTIL course / External Training Session / Conference / Presentation / Poster Presentation / Publication / Seminar / Other (please state)

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| **Date** | **Type** | **Title/Description** | **Details** | **No. of day/s contribution** | **Supervisors Signature** |
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