

Working Together: Research & Practice 2026

Friday 3rd July 2026



ROYAL
HOLLOWAY
UNIVERSITY
OF LONDON

8.30 – 9.00	Arrival & registration (with tea and coffee)
8.55 – 9.00	Introduction and housekeeping
9.00	Dr. Anna-Katharina Matke-Bauer: The Listening Brain: A Hearing Scientist's Perspective On Classroom Noise
9.15	Prof. Jeanne Shinsky: How Babies Learn Words From Books
9.30	Dr. Kaili Rimfeld: Longitudinal associations between school environment and mental health from childhood through early adulthood
9.45	Dr. Jakke Tamminen: Adolescent Sleep Timing And Its Effects On Memory Processes And Academic Performance
10.00	Prof. Jessie Ricketts: Co-Developing CPD For Secondary School Staff To Enable Them To Support Reading
10:15	Celebrating 10 Years of Research and Practice
10.30 - 10:45	Break
10.45	Laura Tierney: Understanding Paranoia and Mistrust in Adolescence: Lessons from Research
11.00	Zain Khan: Understanding Adolescent Loneliness: Association With Dimensions Of Both Individualism And Collectivism
11.15	Dr. Carl Hodgetts: Sparking Curiosity For Student Learning And Engagement: Insights From Cognitive Neuroscience
11.30	Dr. Clare Mehta: Preparing Students For What's Next: Understanding The Developmental Period Of Emerging Adulthood, Ages 18-29
11:45	Workshop Introductions
11.55	Workshops: Genetics: The Good, The Bad, And The Ugly (Dr. Kaili Rimfeld and the HEAD lab) OR Artificial Intelligence In Schools – Benefits And Risks (Prof. Helen Pote)
12.45 – 13.45	Lunch
13.45	Workshops: The Hidden Curriculum: How Teachers Shape Pupils' Values Every Day (Prof. Anat Bardi) OR Sleep And Learning In Teenagers (Dr. Jake Tamminen & Prof. Jessie Ricketts)
14.35 - 14.50	Break
14.50	Keynote Dr. Alice Gregory - Nodding Off. Sleep In Children And Young People: Challenges And Solutions
15:50	Closing remarks and feedback