



**2025 Cohort Timetable**  
**Year 1**  
**Induction Block**

College Week

	Date	D	Start	Speaker	Topic	Where?
1	22/09/2025	Mon	09:15	Helen Pote and Royal Holloway DClInPsy Course Staff	Welcome	The London Irish Centre -NW1 9XB
				North London NHS Foundation Trust	Trust induction	The London Irish Centre -NW1 9XB
				North London NHS Foundation Trust	Trust induction	The London Irish Centre - NW1 9XB
		Tue	10:00	Tom Kent and Toby Newson	Connect as a Cohort and Basic Course Induction	Royal Holloway Campus -John Bowyer (JOHNB-05)
			14:00	Tom Kent and Toby Newson	Connect as a Cohort and Basic Course Induction	Royal Holloway Campus -John Bowyer (JOHNB-05)
		Wed	10:00	STUDY	STUDY	Not on campus
			-	North London NHS Foundation Trust	Trust Induction (Basic Life Support)	Not on campus -see NHS correspondence
		Thur	10:00	Michelle Wilson and Gail Wingham	Support systems and wellbeing	Royal Holloway Campus -John Bowyer (JOHNB-05)
			14:00	Gail Wingham and Michelle Wilson	Approaches to Learning and Psychological Safety in Training	Royal Holloway Campus -John Bowyer (JOHNB-05)
		Fri	-	North London NHS Foundation Trust	Trust induction (Breakaway)	Not on campus -see NHS correspondence
			-	North London NHS Foundation Trust	Trust induction (Breakaway)	Not on campus -see NHS correspondence
2	29/09/2025	Mon	10:00	Tom Kent and Academic Team	Introduction to Academic Curriculum	JOHNB-05
			14:00	Katie Ashcroft	BABCP Pathway Introduction (BABCP Trainees only)	JOHNB-05
			15:00	With DClInPsy Course Staff	Tea and biscuits	Shilling Foyer
			15:45	Tom Kent	Clinical Interview Skills Activity (CISA) Briefing	JOHNB-05
			16:00	Deborah Phillip	Library Induction	JOHNB-05
		Tue	10:00	Anna Crabtree	Placements and Supervision	JOHNB-05
			14:00	Helen Pote and Chris Whiteley	Introduction to NHS	JOHNB-05
		Wed	10:00	Kate Theodore	Clinical Skills: Introduction to Professional Issues	ONLINE
			14:00	Kate Theodore	Clinical Skills: Introduction to Professional Issues	ONLINE
		Thur	10:00	Toby Newson and Anna Crabtree	Clinical Skills: Core Therapeutic Skills	CHESTNUTS 0-08
			14:00	Toby Newson and Anna Crabtree	Clinical Skills: Core Therapeutic Skills	CHESTNUTS 0-08
		Fri	10:00	Olga Luzon and Vasilis S. Vasilou	Assessment and Formulation in Adult Mental Health	CHESTNUTS 0-08
			14:00	Olga Luzon and Vasilis S. Vasilou	Assessment and Formulation in Adult Mental Health	CHESTNUTS 0-08
3	06/10/2025	Mon	10:00	Katie Ashcroft and Kira Delgado	introduction to CBT Competences	JOHNB-05
			14:00	Katie Ashcroft and Kira Delgado	Introduction to CBT Competences	JOHNB-05
		Tue	10:00	Katie Ashcroft and Kira Delgado	Introduction to CBT Competences	JOHNB-05
			14:00	Katie Ashcroft and Kira Delgado	Introduction to CBT Competences	JOHNB-05
		Wed	-	North London NHS Foundation Trust	Placement Visit	Not on campus
			-	North London NHS Foundation Trust	Placement Visit	Not on campus
		Thur	10:00	Michelle Wilson	Personal/Professional Development and Reflective Practice	CHESTNUTS 0-08
			14:00	Michelle Wilson	Compassionate Mind Training (CMT) 1	CHESTNUTS 0-08
		Fri	10:00	STUDY	STUDY	Not on campus
			14:00	STUDY	STUDY	Not on campus
4	13/10/2025	Mon	10:00	Katie Ashcroft and Kira Delgado	Introduction to CBT Competences	JOHNB-05
			14:00	Katie Ashcroft and Kira Delgado	Introduction to CBT Competences	JOHNB-05
		Tue	10:00	Tom Kent	Behavioural Experiments and Exposure Therapy	JOHNB-05
			14:00	Jeremy Oliver and Fatoumata Jatta	Equity, Diversity, Inclusion and Anti-racism	JOHNB-05
		Wed	10:00	Personal Tutors	Developmental Reviews/ STUDY	ONLINE
			14:00	Personal Tutors	Developmental Reviews/ STUDY	ONLINE
		Thur	10:00	Toby Newson and Gail Wingham	Working with Mental Health Crisis: Risk Assessment and Management	CHESTNUTS 0-08
			14:00	Michelle Wilson	Compassionate Mind Training (CMT) 2	CHESTNUTS 0-08
		Fri	10:00	Jess Kingston and Gary Brown	Introduction to Research	ONLINE
			14:00	STUDY	STUDY	Not on campus
5	20/10/2025	Mon	10:00	Facilitators	Clinical Interview Skills Activity/ STUDY	ONLINE
			14:00	Facilitators	Clinical Interview Skills Activity/ STUDY	ONLINE
		Tue	10:00	Toby Newson	Depression	JOHNB-05
			14:00	Toby Newson	Depression	JOHNB-05
		Wed	10:00	Personal Tutors	Developmental Reviews/ STUDY	ONLINE
			14:00	Personal Tutors	Developmental Reviews/ STUDY	ONLINE
		Thur	10:00	Savani Bartholdy	Ethics and Principles	CHESTNUTS 0-08
			14:00	Helen Pote	Digital Mental Health	CHESTNUTS 0-08
		Fri	10:00	Jeremy Oliver and Fatoumata Jatta	Equity, Diversity, Inclusion and Anti-racism	CHESTNUTS 0-08
			14:00	Liz Harding	Fears and Phobias	CHESTNUTS 0-08