Learning away from the screen

You’ve finished your set work on your laptop for today... now what? Try out some new things that allow you to take a break from your screen.

1. Visit your local library to find some exciting new reads – fact or fiction.
2. Try out some new recipes - bbcgoodfood.com/recipes/collection/kids-cooking-recipes
3. Experiment with some creative writing like writing a story or a poem.
4. Listen to a podcast – to help you out with school subjects or for something that interests you. Try Good House Keeping: 20 Podcasts for Teens for ideas.
5. Browse new areas of music to listen to... try something new!
6. Explore your local area with a murder mystery tour from Treasure Trails.
7. Stuck on some school work? Use your break to go for a quick walk outside; you’ll be amazed at how it helps you look at a situation differently.
8. Get arty with unusual objects, like painting pebbles or making a collage of things around your house.
9. Document your progress in a subject by making a vlog or writing a diary.
10. Play a board game that uses your brain like Trivial Pursuit, Monopoly or Scrabble.
11. Conduct your own science experiment – sciencefun.org/kidszone/experiments/
12. Engage your family in a debate to explore an important topic. There might not be a right or wrong, but it will be useful to hear both sides of the story. See here for 120 debate topics.
13. Write up a quiz of things you’ve learnt recently to test your family. Highest score wins!

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