Can you help us with our research?!

We are inviting girls aged **9, 10 or 11** to take part in our study! We are exploring how our understanding of body signals and sensations (including feeling hungry, thirsty, cold or tired) is related to eating.

**What will they have to do?**

**At school:** Children will complete some questionnaires (covering issues such as the perception of sensations in their body, their attitudes towards food, body image, and perfectionism). They will also complete a task which measures their perception of their heartbeat, and a computer game related to body image. This should take 1 hour for each child.

**At home:** Parents will be asked to complete questionnaires about themselves and their child.

All children who take part will be entered into a prize draw to win book vouchers!

Each school will be given a **£50 book voucher**!

Schools will also have the opportunity for one of the researchers to give a science talk to the students.

Website: **www.theindiestudy.com**

Twitter: **@The_INDIE_Study**

**Contact us:**

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