

# Royal Holloway, University of London Course specification for an undergraduate award BSc Psychology, Clinical Psychology and Mental Health (C8o6)

### Section 1 – Introduction to your course

This course specification is a formal document, which provides a summary of the main features of your course and the learning outcomes that you might reasonably be expected to achieve and demonstrate if you take full advantage of the learning opportunities that are provided. Further information is contained in the College prospectus, and in various handbooks, all of which you will be able to access online. Alternatively, further information on the College's academic regulations and policies can be found <u>here</u>. Further information on the College's Admissions Policy can be found <u>here</u>.

Your degree course in BSc Psychology, Clinical Psychology and Mental Health is delivered in three stages, each of which comprises one year of full-time study during which the student must follow modules to the value of 120 credits. The curriculum is based around a set of mandatory modules. Stage one provides a foundation for the later stages by providing a grounding in the main areas of psychology. In stage two, several of these areas are developed further and in greater depth. In stage three, students are given the opportunity to study specialist areas of psychology and to undertake an original research project. The Single Honours course is approved by the British Psychological Society as providing Graduate Basis for Chartered Membership (GBC). Successful completion of the third year Research Project and the achievement of a minimum 2:2 (lower second class honours) is a British Psychological Society requirement for GBC recognition and therefore GBC status will not be given to any student who is awarded a degree with a classification lower than a 2:2 or without successful completion of the Research Project module.

While Royal Holloway keeps all the information made available under review, courses and the availability of individual modules, especially optional modules are necessarily subject to change at any time, and you are therefore advised to seek confirmation of any factors which might affect your decision to follow a specific course. In turn, Royal Holloway will inform you as soon as is practicable of any significant changes which might affect your studies.

The following is brief description for some of the most important terminology for understanding the content of this document:

Degree course – May also be referred to as 'degree programme' or simply 'programme', these terms refer to the qualification you will be awarded upon successful completion of your studies.

*Module* – May also be referred to as 'course', this refers to the individual units you will study each year to complete your degree course. Undergraduate degrees at Royal Holloway comprise a combination of modules in multiples of 15 credits to the value of 120 credits per year. On some degree courses a certain number of optional modules must be passed for a particular degree title.



| Section 2 – Course details  |  |                            |                                    |  |  |  |
|---|--|----------------------------|------------------------------------|--|--|--|
| Date of specification update  | ate of specification updateDecember 2019Location of studyE   |                            | Egham Campus                       |  |  |  |
| Course award and title  | BSc Psychology, Clinical Psychology and<br>Mental Health   | Level of study             | Undergraduate                      |  |  |  |
| Course code   | 2532   | UCAS code                  | C806                               |  |  |  |
| Year of entry   | 2020/21  |                            |                                    |  |  |  |
| Awarding body   | Royal Holloway, University of London   |                            |                                    |  |  |  |
| Department or school  | or school Psychology Other departments or schools involved in teaching the course  |                            | N/A                                |  |  |  |
| Mode(s) of attendance   | Full-time<br>Part-time (for existing students only)  | Duration of the course     | Three years                        |  |  |  |
| Accrediting Professional,<br>Statutory or Regulatory Body<br>requirement(s) | British Psychological Society - In order to be eligible for Graduate Basis for Chartered Membership of the British Psychological Society you must achieve a minimum of a lower second class honours degree and pass PS3201 Research Project. |                            |                                    |  |  |  |
| Link to Coursefinder for further information:                               | <u>https://www.royalholloway.ac.uk/studying-</u><br><u>here/</u>   | For queries on admissions: | <u>study@royalholloway.ac.uk</u> . |  |  |  |



| 3.1 Mandatory module information<br>The following table summarises the mandatory modules which students must take in each year of study |                |  |                   |                     |                  |                         |            |           |               |                              |
|---|----------------|--|-------------------|---------------------|------------------|-------------------------|------------|-----------|---------------|------------------------------|
| Year  | Module<br>code | Module title                                   | Contact<br>hours* | Self-study<br>hours | Written<br>exams | Practical<br>assessment | Coursework | Credits** | FHEQ<br>level | Module status<br>(see below) |
| L   | PS1010         | Understanding Psychological<br>Research        | 60                | 240                 | 60%              | 0%                      | 40%        | 30        | 4             | MNC                          |
| 1   | PS1070         | How to be a Psychologist                       | 25                | 125                 | 0%               | 10%                     | 90%        | 15        | 4             | МС                           |
| 1   | PS1030         | Understanding Individuals and Groups           | 20                | 130                 | 50%              | 0%                      | 50%        | 15        | 4             | MC                           |
| 1   | PS1040         | Understanding Development across the Lifespan  | 20                | 130                 | 50%              | 0%                      | 50%        | 15        | 4             | MC                           |
| 1   | PS1110         | Understanding Mental Health and<br>Wellbeing   | 20                | 130                 | 80%              | 0%                      | 20%        | 15        | 4             | MC                           |
| L   | PS1080         | Understanding Perception and Cognition         | 20                | 130                 | 80%              | 0%                      | 20%        | 15        | 4             | MC                           |
| 1   | PS1090         | Understanding Neuroscience                     | 20                | 130                 | 80%              | 0%                      | 20%        | 15        | 4             | МС                           |
| 2   | PS2010         | Psychological Research Methods<br>and Analysis | 84                | 216                 | 40%              | 0%                      | 60%        | 30        | 5             | MNC                          |
| 2   | PS2021         | Cognitive Psychology                           | 20                | 130                 | 80%              | 0%                      | 20%        | 15        | 5             | MC                           |
| 2   | PS2030         | Social Psychology                              | 20                | 130                 | 70%              | 0%                      | 30%        | 15        | 5             | МС                           |
| 2   | PS2040         | Developmental Psychology                       | 20                | 130                 | 0%               | 0%                      | 100%       | 15        | 5             | МС                           |
| 2   | PS2050         | Personality and Individual<br>Differences      | 20                | 130                 | 70%              | 0%                      | 30%        | 15        | 5             | MC                           |



| 2 | PS2061 | Brain and Behaviour | 20 | 130 | 80% | 0% | 20%  | 15 | 5 | MC |
|---|--------|---------------------|----|-----|-----|----|------|----|---|----|
| 3 | PS3201 | Research Project    | 20 | 430 | 0%  | 0% | 100% | 45 | 6 | MC |

This table sets out the most important information for the mandatory modules on your degree course. These modules are central to achieving your learning outcomes, so they are compulsory, and all students on your degree course will be required to take them. You will be automatically registered for these modules each year. Mandatory modules fall into two categories; 'condonable' or 'non-condonable'.

In the case of mandatory 'non-condonable' (MNC) modules, you must pass the module before you can proceed to the next year of your course, or to successfully graduate with a particular degree title. In the case of mandatory 'condonable' (MC) modules, these must be taken but you can still progress or graduate even if you do not pass them. Please note that although Royal Holloway will keep changes to a minimum, changes to your degree course may be made where reasonable and necessary due to unexpected events. For example; where requirements of relevant Professional, Statutory or Regulatory Bodies have changed and course requirements must change accordingly, or where changes are deemed necessary on the basis of student feedback and/or the advice of external advisors, to enhance academic provision.

\*Contact hours come in various different forms, and may take the form of time spent with a member of staff in a lecture or seminar with other students. Contact hours may also be laboratory or, studio-based sessions, project supervision with a member of staff, or discussion through a virtual learning environment (VLE). These contact hours may be with a lecture or teaching assistant, but they may also be with a technician, or specialist support staff.

\*\*The way in which each module on your degree course is assessed will also vary, however, the assessments listed above are all 'summative', which means you will receive a mark for it which will count towards your overall mark for the module, and potentially your degree classification, depending on your year of study. On successful completion of the module you will gain the credits listed. 'Coursework' might typically include a written assignment, like an essay. Coursework might also include a report, dissertation or portfolio. 'Practical assessments' might include an oral assessment or presentation, or a demonstration of practical skills required for the particular module.

## 3.2 Optional modules

In addition to mandatory modules, there will be a number of optional modules available during the course of your degree. The following table lists a selection of optional modules that are likely to be available. However, not all may be available every year. Although Royal Holloway will keep changes to a minimum, new options may be offered or existing ones may be withdrawn. For example; where reasonable and necessary due to unexpected events, where requirements of relevant Professional, Statutory or Regulatory Bodies (PSRBs) have changed and course requirements must change accordingly, or where changes are deemed necessary on the basis of student feedback and/or the advice of External Advisors, to enhance academic provision. There may be additional requirements around option selection, so it is important that this specification is read alongside your department's Student Handbook, which you can access via their webpage.



| Year 1 | Year 2                                       | Year 3                                     |
|--------|--|--|
| None   | PS2110: How can psychology change the world: | PS3050 Health Psychology and Wellbeing     |
|        | Applied and developmental perspectives       |  |
|        | PS2120: How can psychology change the world: | PS3061 The Ageing Brain                    |
|        | Clinical and neuroscience perspectives       |  |
|        |  | PS3110 Adult Psychopathology               |
|        |  | PS3121 Developmental Disorders             |
|        |  | PS3230 Psychology of Brain Injury          |
|        |  | PS3141 Clinical and Cognitive Neuroscience |
|        |  | PS3181 Criminal and Forensic Psychology    |
|        |  | PS3022 Language, Communication & Thought   |
|        |  | PS3192 Real World Quantitative Techniques  |
|        |  | PS3210 Dissertation                        |

Section 4 - Progressing through each year of your degree course

For further information on the progression and award requirements for your degree, please refer to Royal Holloway's Academic Regulations.

Most students will be enrolled full-time on our courses; however, in exceptional circumstances students may complete the course on a part-time basis with the approval from the Head of Department. A part-time course will be developed in consultation with the Director of Teaching and Learning to suit the student's needs.



## Section 5 – Educational aims of the course

- to produce a scientific understanding of mind, brain, behaviour, and experience, and of the complex interactions between these;
- to present multiple perspectives in a way that fosters critical evaluation;
- to allow students to gain an understanding of real life applications of theory to the full range of experience and behaviour;
- to develop in students an understanding of the role of empirical evidence in the creation and constraint of theory and the way in which theory guides the collection and interpretation of empirical data;
- to provide knowledge of a range of research skills and methods for investigating experience and behaviour, culminating in an ability to conduct research independently;
- to provide students with the knowledge and skills to be able to appreciate and critically evaluate theory, research findings, and applications.



# Section 6 - Course learning outcomes

In general terms, the courses provide opportunities for students to develop and demonstrate the following learning outcomes. (*Categories – Knowledge and understanding (K*), Skills and other attributes (S), and Transferable skills (\*))

| ٠  | Students will develop and demonstrate knowledge and understanding in some        | •   | Skills and other attributes:  |
|----|--|-----|---|
|    | or all (depending on the course) of the following core areas of Psychology       | 1.  | Integrating and applying ideas and findings across the multiple perspectives in         |
|    | identified by the British Psychological Society (K):                             |     | psychology, recognising distinctive psychological approaches to relevant issues (S);    |
| 1. | Biological psychology, including biological bases of behaviour, hormones and     | 2.  | Identifying and evaluating general patterns in behaviour, psychological functioning and |
|    | behaviour, neuropsychology, neuroscience, and evolutionary psychology (K);       |     | experience (S);   |
| 2. | Cognitive psychology, including perception, attention, learning, memory,         | 3.  | Carrying out empirical studies involving a variety of methods of data collection,       |
|    | thinking, language, consciousness and cognitive neuropsychology (K);             |     | including experiments, observation, psychometric tests, questionnaires, interviews (S); |
| 3. | Developmental psychology, including infancy, childhood, adolescence, socio-      | 4.  | Analysing data using both quantitative and qualitative methods, and presenting and      |
|    | emotional development, cognitive and language development, atypical              |     | evaluating research findings; (S*);   |
|    | development and social and cultural contexts of development (K);                 | 5.  | Employing evidence-based scientific reasoning and examining practical, theoretical      |
| 4. | Personality and individual differences, including abnormal and normal            |     | and ethical issues associated with the use of different methodologies, paradigms and    |
|    | personality, psychological testing, intelligence, cognitive style, emotion,      | _   | methods of analysis in psychology (S);  |
|    | motivation and mood (K);   | 6.  | Use of a variety of psychological tools, including specialist software, laboratory      |
| 5. | Social psychology, including social cognition, close relationships, attribution, |     | equipment and psychometric instruments (S);   |
| 6  | attitudes, group processes and intergroup relations (K);                         | 7.  | Defining research problems, generating and exploring testable hypotheses and            |
| 6. | Conceptual issues in psychology, including the role of psychology as a science,  |     | research questions, choosing appropriate methodologies, evaluating methodologies        |
|    | introspectionist and behaviourist approaches to human behaviour, cognition       | 0   | and analyses employed, planning and carrying out original empirical research (S);       |
|    | and computers, historical concepts and current approaches, psychology in a       | 8.  | Written and oral communication (S*);  |
|    | socio-political context <b>(K)</b> ;   | 9.  | Computer literacy (S*);   |
| 7. | Research methods in psychology, including research design, appropriate           | 10. | Retrieve and organise information effectively and handle primary source material        |
|    | statistical analysis of data, psychometrics and measurement techniques, and      |     | critically (S*);  |
| 0  | quantitative and qualitative methods.  | 11. | Teamwork and, where appropriate, collaboration with colleagues, research                |
| 8. | Ethical, theoretical and practical issues in research <b>(K)</b> .               |     | participants and outside agencies (S*);   |
|    |  |     | Problem solving (S*);   |
|    |  | -   | Sensitivity to contextual and interpersonal factors in behaviour (S*);                  |
|    |  | 14. | Independence and pragmatism as a learner (S*)   |



## Section 7 - Teaching, learning and assessment

Teaching is mostly by means of lectures and seminars, the latter generally providing a forum for students, with the support of their instructors, to engage in critical analysis and discussion of topics in a smaller and more interactive setting. Laboratory classes and practical workshops are also key teaching forums. Learning is through participation in teaching sessions, designated reading and completion of coursework. Essays and short written answers ensure that the skills of exposition and critique are developed and evaluated. At the end of the course, most students are required to apply the knowledge and skills they have acquired in the conduct of a piece of original research under the close supervision of a member of staff. Assessment of knowledge and understanding is typically by a combination of formal, unseen written examination and coursework. Full details of the assessments for individual modules can be obtained from the Department.

Section 8 – Additional costs

There are no single associated costs greater than £50 per item on this degree course.

These estimated costs relate to studying this particular degree course at Royal Holloway. General costs such as accommodation, food, books and other learning materials and printing etc., have not been included, but further information is available on our website.

| Section 9 – Indicators of quality and standards  |  |  |  |  |  |
|--|--|--|--|--|--|
| QAA Framework for Higher Education Qualifications (FHEQ) Level   | 4-6  |  |  |  |  |
| Your course is designed in accordance with the FHEQ to ensure your qualification is awarded on the basis of nationally established standards of achievement, for both outcomes and attainment. The qualification descriptors within the FHEQ set out the generic outcomes and attributes expected for the award of individual qualifications. The qualification descriptors contained in the FHEQ exemplify the outcomes and attributes expected of learning that results in the award of higher education qualifications. These outcomes represent the integration of various learning experiences resulting from designated and coherent courses of study. |  |  |  |  |  |
| QAA Subject benchmark statement(s)   | http://www.qaa.ac.uk/quality-code/subject-benchmark-statements |  |  |  |  |
| Subject benchmark statements provide a means for the academic community to describe the nature and characteristics of courses in a specific subject or subject area. They also represent general expectations about standards for the award of qualifications at a given level in terms of the attributes and capabilities that those possessing qualifications should have demonstrated.  |  |  |  |  |  |



#### Section 10 – Further information

This specification provides a concise summary of the main features of the course and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate when taking full advantage of the learning opportunities that are available. More detailed information on modules, including teaching and learning methods, and methods of assessment, can be found via the online <u>Module Catalogue</u>. The accuracy of the information contained in this document is reviewed regularly by the university, and may also be checked routinely by external agencies, such as the Quality Assurance Agency (QAA).

Your course will be reviewed regularly, both by the university as part of its cyclical quality enhancement processes, and/or by your department or school, who may wish to make improvements to the curriculum, or in response to resource planning. As such, your course may be revised during the course of your study at Royal Holloway. However, your department or school will take reasonable steps to consult with students via appropriate channels when considering changes. All continuing students will be routinely informed of any significant changes.

| Section 11 – Intermediate exit awards (where available)<br>You may be eligible for an intermediate exit award if you complete part of the course as detailed in this document. Any additional criteria (e.g. mandatory modules, credit<br>requirements) for intermediate awards is outlined in the sections below. |  |  |  |  |  |
|--|--|--|--|--|--|
| Award  | Criteria   | Awarding body                          |  |  |  |
| Diploma in Higher Education (DipHE)  | Pass in 210 credits of which at least 90 must be at or<br>above FHEQ Level 4 and at least 120 of which must<br>be at or above FHEQ Level 5 | Royal Holloway and Bedford New College |  |  |  |
| Certificate in Higher Education (CertHE)   | Pass in 120 credits of which at least 90 must be at or<br>above FHEQ Level 4   | Royal Holloway and Bedford New College |  |  |  |

| Section 12 - Associated award(s)                               |  |
|--|--|
| BSc Psychology (C8oo)  | BSc Psychology, Clinical Psychology and Mental Health (C8o6) |
| BSc Applied Psychology (C8o4)                                  | BSc Psychology, Clinical and Cognitive Neuroscience (C807)   |
| BSc Psychology, Development and Developmental Disorders (C8o5) | BSc Criminology and Psychology (CL83)                        |