

Royal Holloway Psychology Competition 2026: Rules and Regulations

General Rules for the Competition

- The competition this year will be on **Monday, 15th of June 2026**.
- Each school/college will only be permitted to enter **TWO** teams (maximum) for this year's competition.
- Teams must be made up of between **2 and 5 students in Year 12**.
- **A member of school/college staff must register their teams by 12 p.m. Friday, 17th of April 2026.**
- Each team will be required to submit a **Video** and present their **Poster** at Royal Holloway campus (Egham, Surrey).
- A member of school/college staff or other responsible adult **must** attend the event at Royal Holloway campus with their team(s).
- The **Video** and **Poster** should address this year's question and complement one another.
- All entries must be the original work of the team.
- Teams are prohibited from using AI in any form in their **Video** and **Poster**.

Video Submission Rules

- Each team must produce and submit a **Video** that answers this year's question.
- All members of the team must contribute to the **Video**.
- The **Video** must be no longer than **TWO minutes** (a penalty will be applied for over-length videos).
- What you do in your **Video** is completely up to you, so long as you answer the question. You can introduce how you interpret the question and introduce any key psychological concepts/ideas. Alternatively, you can also explain what you plan to present in your poster.
- Your **Video must** be uploaded to **Vimeo (vimeo.com)** and be made **public** so we can view it. The link to the video must be submitted by the **school/college staff** using [this form](#) by **Friday, 15th May 2026**.
- All **Videos** entered into the competition could go online and be publicly available on the Royal Holloway website and/or YouTube channel.
- Please only include any persons in your **Video** with their permission.

Poster Presentation Rules

- Each team must present their **Poster** in-person on the day of the competition at Royal Holloway, Egham campus.
- The size of the **Poster** must be **A1** and brought to campus by each team. **The University will not print Posters, so please ensure that the Poster is ready beforehand.**
- What you include in your **Poster** is completely up to you, so long as you answer the question. Your **Poster** and **Video** should complement one another.
- Each team will have an allocated board at the competition event. You will be given a number during registration that shows you to your board.
- Each **Poster** presentation will be judged by **TWO judges** separately.
- Each Team is given **5 MINUTES** to present to each judge. Judges may pose questions after the presentation.
- Each team must select up to **3 Presenters** who will be stationed at the board to present and answer questions. Other members of the Team are welcome to visit other teams' posters.
- The **Presenters** are to identify themselves during registration on the day.
- Teams are allowed to swap **Presenters** (should they wish) for each judging session.
- **It is the responsibility of the Team to ensure that their chosen Presenters for each session are stationed and ready to present BEFORE the judges visit their board. Any delays or absence of Presenter(s) will not be entertained by the Judge(s) or Organizers.** Psychology Competition

Judging criteria for Video & Poster

- Communication and presentation skills
 - *Are the video and poster clear and easy to follow?*
 - *Do the team explain their poster well to people?*
- Understanding of psychology
 - *Are the key concepts successfully described?*
 - *Do the team have an excellent knowledge of their chosen topic?*
- Originality
 - *Are all of the team's ideas their own?*
 - *Is there something unique about their video or poster?*
- Creativity
 - *Are the video and poster exciting and creative?*
 - *How have they tackled the question?*

Have a question which isn't answered here? Email Psychology.Outreach@rhul.ac.uk