

2026 COHORT - Induction Timetable



Date	Day	Start	Speaker	Topic
18.09.26	Fri	10:00	Helen Pote & Rob Lachlan	Course Director & Head of Department Welcome
		10:45	Toby Newson & Michelle Wilson	Connect as a Cohort and Basic Course Induction
		14:00	Toby Newson & Michelle Wilson	Connect as a Cohort and Basic Course Induction
21/09/2026	Mon	10:00	Self guided reading for RHUL induction / Study Day	Self guided reading for RHUL induction / Study Day
		14:00	Self guided reading for RHUL induction / Study Day	Self guided reading for RHUL induction / Study Day
22/09/2026	Tue		North London NHS Foundation Trust	Trust induction
			North London NHS Foundation Trust	Trust induction
23/09/2026	Wed		North London NHS Foundation Trust	Trust induction
			North London NHS Foundation Trust	Trust induction
24/09/2026	Thur		North London NHS Foundation Trust	Trust induction
			North London NHS Foundation Trust	Trust induction
25/09/2026	Fri		North London NHS Foundation Trust	Trust induction
			North London NHS Foundation Trust	Trust induction
28/09/2026	Mon	10:00	Anna Crabtree/Michael Evangeli/Tom Kent/Chris Watmore	Introduction to EDIAR & Communications & DClinpsy Admin
		11:10	Michelle Wilson	Introduction to Academic Curriculum & CISA Briefing
		14:00	Deon Chorley	Introduction to Disability and Neurodiversity Team & Support
		14:30	Natalie Starkey	Introduction to Psychology & Health Studies Technical Operations Support
		15:00	DClinpsy Course Staff	Tea and biscuits
		16:00	Deborah Phillips	Library Induction
29/09/2026	Tue	10:00	Toby Newson / Anna Crabtree / Both	Placements, using ACE and Supervision
		14:00	Helen Pote and Christopher Whiteley	Introduction to NHS
30/09/2026	Wed	10:00	Michelle Wilson	Support systems and wellbeing
		14:00	Toby Newson	Clinical Skills: Introduction to Professional Issues
01/10/2026	Thur	10:00	Toby Newson and Anna Crabtree	Clinical Skills: Core Therapeutic Skills
		14:00	Toby Newson and EBES	Clinical Skills: Core Therapeutic Skills + Trainee led WAC intro
02/10/2026	Fri	10:00	Courtney Stich & Tom Kent	Assessment and Formulation in Adult Mental Health
		14:00	Courtney Stich & Tom Kent	Assessment and Formulation in Adult Mental Health
05/10/2026	Mon	10:00	Katie Ashcroft & Courtney Stich	Intro to CBT: Evidence base & Socratic Questioning
			Katie Ashcroft & Courtney Stich	BABCP Pathway Introduction (BABCP Trainees only)
		14:00	Katie Ashcroft & Courtney Stich	Intro to CBT: ABC Conceptualisations
06/10/2026	Tue	10:00	Michelle Wilson	Personal/Professional Development and Reflective Practice
		14:00	Michelle Wilson	Compassionate Mind Training (CMT) 1
07/10/2026	Wed	-	North London NHS Foundation Trust	Placement Visit
		-	North London NHS Foundation Trust	Placement Visit
08/10/2026	Thur	10:00	Tom Kent	Introduction to Professional Ethics
		14:00	Jeremy Oliver and Fatoumata Jatta	Equity, Diversity, Inclusion and Anti-racism
09/10/2026	Fri	10:00	Katie Ashcroft	Intro to CBT: Assessment & Formulation
		14:00	Katie Ashcroft	Intro to CBT: Behavioural Experiments & Homework Setting
12/10/2026	Mon	10:00	Katie Ashcroft & Anna Millen	Intro to CBT: Working with unhelpful thoughts/managing process/homework review
		14:00	Katie Ashcroft & Anna Millen	Intro to CBT: Continuum Technique
13/10/2026	Tue	10:00	Tom Kent	Exposure Therapy
		14:00	Jeremy Oliver and Fatoumata Jatta	Equity, Diversity, Inclusion and Anti-racism
14/10/2026	Wed	10:00	Personal Tutors	Developmental Reviews/ STUDY DAY
		14:00	Personal Tutors	Developmental Reviews/ STUDY DAY
15/10/2026	Thur	10:00	Toby Newson and Courtney Stich	Working with Mental Health Crisis: Risk Assessment and Management
		14:00	Michelle Wilson	Compassionate Mind Training (CMT) 2
16/10/2026	Fri	10:00	Jess Kingston	Introduction to Research
		14:00	Helen Pote	Introduction to Digital Mental Health