

## Responsible alcohol consumption statement

The wellbeing, health, and safety of our students are of primary concern to Royal Holloway, University of London (hereafter 'the College') and the Students' Union. It is committed to supporting responsible alcohol consumption amongst its students, both on and off campus premises, to establish a new social norm of responsible behaviour and change attitudes to excessive drinking.

The College and the Students' Union recognises that for some students, drinking socially in moderation can be an important part of student life, and has no wish to discourage sensible drinking. However, both organisations are acutely aware that the consumption of excessive alcohol may have a detrimental impact on our students' mental and physical health, academic success, and increase the risk of an individual becoming the victim or perpetrator of crime.

The College and the Students' Union are committed to ensure that:

- Our students can make informed choices about alcohol with advice on drinking responsibly readily available from a range of sources, including online, leaflets, posters, face-to-face guidance, events and campaigns.
- Responsible alcohol consumption is promoted and advertised across campus, with educational events, awareness campaigns and activities that encourage a healthy lifestyle and wellbeing regularly featured throughout the academic year.
- Support is provided to students who find themselves in difficulties because of habitual alcohol use or binge drinking, with counselling, medical and pastoral care offered where necessary.
- The campus is a safe environment for students to socialise with a variety of alcohol-free spaces available.
- 'Pre-loading' and the aggressive retailing of alcohol off campus are discouraged, with both the Students' Union and the College working with external agencies to counter these to promote the wellbeing of our students and the local community.
- They conform to legislation; alcohol should not be served to persons who are clearly intoxicated or to anyone less than 18 years of age.
- All clubs, societies and academic departments are aware of the dangers of students drinking alcohol to excess and will encourage them to make sure that all events are run in a supportive and aware way that does not encourage immoderate drinking or place undue emphasis on the consumption of alcohol.

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